

[Plus Products have a fine Tormle Yeast which provides a good balance of the B vitamins, an almost complete protein (it is 50% protein anyway) & lots of minerals. I do not want to divert your mind however from the suggestions on page 2 which you could check. Nor do I know if you are dieting & if so how.]

"Awakening" is perhaps a sad knowledge - like growing up! But I asked my teacher if she would "go back" & she said "No!" Now I myself can answer my own question! My answer is "I would not think of it. No!" I remember in New York getting a telephone installed for her & her husband. I felt "this is the end! Tomorrow there will be thousands of people lining the street & sitting on the sidewalk & steps - all wanting to see her & get enlightenment".

Surprise! There wasn't one. Only me & a few private students of hers.

Now are there more than a handful who write to me now. Yet this is worth more than all the wealth of the world because the wealth of all the world will not buy it.

When I was young I day-dreamed of course & thought I would like to be not famous, but wise! The "power behind the throne", another Richelieu!! Knowing more than professors, scientists, religious leaders, philosophers, everybody!! Now I do know more than most & the pride is no longer there, that is dust and ashes, burnt out. There is much sympathy left & I do what I can & sometimes I get beautiful letters of gratitude; rarely from 'famous' people, although I know two or three authors & lawyers, a minister or two, housewives, psychotherapists, night-watchman, bum, Buddhist, Jew, Christian, Agnostic - - - but none in the topmost ranks like Jung & so forth. Jesus said they were too smart for their own good. I was too. What an insufferable, snooty, sneery, smart-aleck I was. (Hope I have improved at least a little!) I knew it all. My mind was free from prejudice, open, capable of judging. - IN A PIG'S EYE!!!
A good thing we don't know our own motives & weaknesses.